





First Day of Christmas

150 × 150 mm
(gold foil, premium board)
£4.25 for 10 cards



Dachshund Through the Snow

150 × 150 mm (gloss board)
£3.75 for 10 cards



Hoe, Hoe, Hoe

150 × 150 mm
(gloss board)
£3.75 for 10 cards



Star of Wonder

150 × 150 mm
(embossed gold foil, premium board)
£4.25 for 10 cards



Santas' Greetings

100 × 152 mm
£3.75 for 10 cards



Lavender Robin

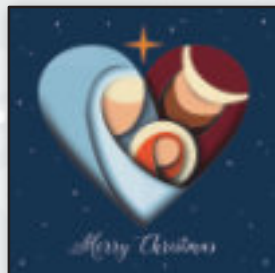
126 × 126 mm
£3.75 for 10 cards



Santa's Helpers

210 × 100 mm (gold foil)

£4.25 for 10 cards



Holy Family

126 × 126 mm

£3.75 for 10 cards

ME Research UK Christmas Cards 2025

Thank you so much for supporting ME Research UK by buying our Christmas cards. The wording inside each card reads "With Best Wishes for Christmas and the New Year". On the back of each card there is a note about the charity so your friends and family can learn more.

Please order using the form overleaf. See a larger version of each card at: meresearch.org.uk/christmas-cards. You can also order your cards online from: shop.meresearch.org.uk. We can supply cards to Great Britain, the Isle of Man and the Channel Islands.

Thank you for aiding our work – informing, influencing and investing

ME Research UK-funded research suggests that in excess of 400,000 people in the UK have ME/CFS, a condition involving debilitating malaise, pain and neurological symptoms.

Across the world, millions are affected, yet research into this illness is still very sparse. We desperately need ME/CFS to be researched and treated consistently, but we can only do this with help from people like you.

2025 Designs	Price	Number	Total
Dachshund Through The Snow	£3.75		
Hoe, Hoe, Hoe	£3.75		
Holy Family	£3.75		
Lavender Robin	£3.75		
Santas' Greetings	£3.75		
Star of Wonder	£4.25		
First Day of Christmas	£4.25		
Santa's Helpers	£4.25		
Subtotal			
Postage (£3.50 for 1–2 packs, £4.50 for 3–9 packs, contact us for 10+ packs)			
Donation			
Grand total			

Name _____

Address _____

Postcode _____

Phone _____

Email _____



Gift Aid – I confirm that I am a UK Income or Capital Gains taxpayer: I have read this statement and want ME Research UK (SC036942) to reclaim tax on the donation detailed above, given on the date shown. I understand that if I pay less Income Tax or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand the charity will reclaim 25p of tax on every £1 that I have given.

ME Research UK will process and record your contact and payment method data to allow for fulfilment of your order and for Gift Aid purposes in line with our Privacy Policy (see website).

Signature _____ **Date** _____

Card no. _____

Expiry date _____ **Security no.** _____

Or please accompany your order with a cheque or postal order for the total cost, made payable to ME Research UK.

Send this form to: ME Research UK, The Gateway, North Methven Street, Perth PH1 5PP, UK. Or email us at contact@meresearch.org.uk. You can also place an order by phoning 01738 451234, Mon–Fri, 9 a.m. – 4 p.m.